

REGION 7A

5,000 meters / Grand Rapids

Aurora-Hoyt Lakes 27, Hermantown 43, Chisholm/Orr 110, Rush City 162, Duluth Marshall 197, Carlton/Wrenshall 204, Deer River 221, Babbitt/Embarrass 223, Northland/Remer/Hill City 224, Pine City 240, Eveleth/Gilbert 250, Hinckley incomplete, Toivola-Meadowlands incomplete. **State qualifiers**—1. Dave Rollins, Aurora-Hoyt Lakes, 16:34; 2. Randy McVean, Hermantown, 16:42; 3. Jim Miklausich, Aurora-Hoyt Lakes, 16:44; 4. Steve Lewis, Hinckley, 16:45; 5. Brian Freeberg, Chisholm/Orr, 16:47. **Region coach of the year**—Jim Busch, Hermantown.